

Date:	01/01/2024		
Document Approved by:		Dr Lisa Sossen, Accredited Practising Dietitian, PhD	

1. General Informa	tion				
Product Name	Pork Chop				
Texture	□ Minced & Moist (Level 5)				
	☐ Soft and Bite-sized				
	(Level 6)				
Fluid Consistency	☐ Moderately Thick (Level 3)				
Supplier Information	Textured Concept Foods Pty Ltd				
	91 Mason Street, Campbellfield, VIC 3061				
	Enquires made in writing to: info@texturedconceptfoods.com.au Website: www.texturedconceptfoods.com.au				
	Contact: Darren Benfell				
	Tel: +61 (03) 9357 6007				
Country of Origin	Textured Concept Foods is manufactured in Melbourne, Australia.				
	Products are made from local and imported ingredients.				
	This is a proudly Australian-owned and Operated Company.				
ID & Traceability	Use by Date (DD/MM/YY) located on the plastic bag.				
	Product Code.				
2. Product Charact	eristics				
	Fresh ingredients are cooked and processed to the correct consistency. The mixture is moulded to resemble the original and recognisable food. The product is blast frozen to maintain a high quality. The product is packaged in a freezer-safe container and vacuum-sealed in a resealable bag. This product resembles a pork chop. The product is handmade, and weights may vary with each item. Random allergen risk testing is undertaken. Labels are PEAL compliant. The production kitchen is HACCP Certified.				
IDDSI	IDDSI tested to meet <i>Pureed Level 4</i> guidelines at the time of production. IDDSI testing at the point of service is recommended to ensure the product meets the IDDSI guideline testing criteria. IDDSI testing is conducted in-house using the IDDSI audit criteria. A qualified consultant Speech pathologist audits products annually when recipe formulations are adjusted, or new products are developed.				



Barcode / Order code / Product Information							
Barcode	IDDSI Lev	⁄el	Product	Order Code	Serves per pack	Serves per Carton	
9348501000121	4		Pork Chop	42003C	10/pk	6	
9348501001258	4		Pork Chop	42003	10/pk		
Product Shelf Life			12 months FROZEN PRODUCT				
Method of Storage Keep product frozen below -18°C at all times. Ensure Packaging is sealed well to prevent freezer burn. Once thawed, use within 24 to hours. Do not re-freeze once thawed.							
3. Nutritional Information (Calculated with FOODWORKSONLINE)							

Pork Chop					
Pureed Level 4					
NUTRITION INFOR	RMATION				
Servings per packa	Servings per package: 10				
Serving size: 80g (2	1 Chop)				
	Average Quantit	y per Serving Average Quantity per 100g			
Energy	842 kJ	1053 kJ			
Protein	20.14 g	25.17 g			
Fat, total	10.94 g	13.67 g			
- saturated	3.94 g	4.92 g			
Carbohydrate	5.53 g	6.91 g			
- sugars	3.12 g	3.90 g			
Sodium	159.79 mg	199.74 mg			

Ingredients: Pork (71%), Juices From Meat, Skim **Milk** Powder, Potato Flakes, Olive Oil, Modified Maize Starch (1422), Vegetable Stock, Onion Powder, Coconut Oil.

Contains Milk.

Net weight: 800 g

Country of Origin	Made in Australia from at least 96% Australian ingredients			
Additional Nutritional	Consider using a fortified sauce, additional fats and dairy products to			
Recommendations	enhance the nutritional density of the meal or dessert. Garnish			
	appropriately.			
Cultural, Religious & N Claims	Textured Concept Foods uses meat that is Halal certified. The production facility cooks all products in the same kitchen. Cleaning to HACCP standards is conducted between each product and within each batch run as required.			
4. Instructions for Consumption and Serving Suggestions				
	For Steam Oven:			



1. Cover plate with plastic wrap or a cover and thaw product slowly under
refrigerated conditions (4°C), This can be done overnight or 3 hours prior
to heating.
2. Place the plate on steamer racks and oven on "steam" setting.
3. Heat Product through for 8-10 min or until it the core temp is >75°C.
4. Remove plastic wrap or cover before serving.
5. Serve with gravy/sauce and mashed potato/starch accompaniment.
For Dry Heat e.g. Burlodge:
 Using a spray bottle filled with water, spray the plate with 1-3 sprays of water.
Cover the plate with suitable oven-proof wrap or a cover. Keep product frozen until heating.
3. Place the covered plate in the oven or Burlodge tray system.
4. Heat Product through or until it the core temp is >75°C. Each heating
system will vary.
5. Remove wrap or cover before serving.
6. Serve with gravy/sauce and mashed potato/starch accompaniment.
For Home Microwave, plated and covered with glad wrap:
Cover plate with plastic wrap or a cover and thaw product slowly under
refrigerated conditions (4°C), This can be done overnight or 3 hours prior
to heating.
 Place a glass of water in the microwave with the plate.
3. Heat on high for 1 min 30 secs or until the product is heated right
through. Each microwave will vary.
4. Remove wrap or cover before serving.
5. Serve with gravy/sauce and mashed potato/starch accompaniment.
Home user/ Main Meal Pre-plated Meal
Plate Frozen Products And Cover With Cling Wrap/cover. No need to unwrap
pre-plated meal.
Defrost Approx. 4 Hours Or In The Fridge Overnight.
COMMERCIAL: Preset Oven To Steam For 5 Minutes. Place The Covered Plate
In The Oven. Heat Through For 9-11 Minutes. Remove The Plate From The
Oven. Carefully Remove Cling Wrap/cover As Steam Can Burn. Add
Sauce/gravy And Serve.
MICROWAVE: Place A Cup Of Water In The Microwave. Heat The Covered
Thawed Meal For 1-3 Minutes On High (heating Time Will Vary With
Microwaves). Remove The Plate From The Microwave And Remove The Cling
Wrap/cover To Avoid Burning. Add Sauce/gravy And Serve. Enjoy!
Meals on Wheels Container 1. Thaw in the fridge (best done evernight)
 Thaw in the fridge (best done overnight). Place the meal in the microwave, covered. Heat for 3 ½ to 4 minutes on
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high. 3. Alternatively, remove the frozen meal from the package, place it on your
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plate and cover it with microwave-safe plastic wrap. Heat for 2 ½
minutes on high with a glass of water placed in the microwave to create
steam. 4. Each microways is different, so shock that the moal is nining het and
4. Each microwave is different, so check that the meal is piping hot and
l heated right through
heated right through. 5. Use oven gloves to remove the container or plate from the microwave.



	Carefully remove the lid or plastic wrap, as t meal.			steam is hot. Enjoy your		
	7. Note: Heating from a thawed meal provides the best results.					
	Sauce (individually packaged)					
		Sauce can be heated from frozen.				
	 Place a cup of water in the microwave with the sauce. This provides 					
		additional moisture and steam.				
	3. Place the sauce package in the microwave and heat on high for 2 ½					
	minutes.					
	4. Open the sauce package carefully and pour over the meal.					
☐ Biscuits /	Remove from packaging. Place frozen items on the serving plate.					
Cakes/ Fruit	1. Cover the plate with plastic wrap or a cover and thaw the product slowly					
	under refrigerated conditions (4°C), This can be done overnight or 1-3					
		hours before serving. Biscuits will take a shorter time to thaw compared				
	to the cakes.					
	2. Garnish with cream, yoghurt, custard, ice cream.					
5. Microbiologica	al Criteri	ia Random Monthly T	esting includes:			
Std Plate Count		gulase Positive	Coliforms <100cfu/g	Escherichia Coli		
<1,000,000cfu/g	Sta	ohylococci <100cfu/g		<3MPN/g		
Clostridium Perfringen	s Bac	illus cereus	Listeria	Salmonella		
(wet) <100cfu/g	<10	Ocfu/g	Not detected per 25/g	Not detected per 25/g		
(Poultry Products Only) (Starch Products Only)						
Allergen Risk Testing (r	andom)	Gluten, Crustacean, I	gg, Fish, Mollusc, Milk, Pe	anut, Soy, Tree Nut,		
Amond, Brazil, Cashew, Hazelnut, Macadamia, Sesame, Pecan, Pine Nut, Pistachio, Walnut, Lupin,						
Sulphites, Mustard						