


Issue No:	6	Date:	10/06/2021
Document Approved by:	Lisa Sossen, Accredited Practising Dietitian		

1. General Information			
<b>Product Name</b>	<b>Cauliflower Rice</b>		
<b>Texture</b>	<input type="checkbox"/> Pureed (Level 4)	<input checked="" type="checkbox"/> Minced & Moist (Level 5)	
<b>Fluid Consistency</b>	<input type="checkbox"/> Moderately Thick (Level 3)		
<b>Supplier Information</b>	Textured Concept Foods Pty Ltd 91 Mason Street, Campbellfield, VIC 3061 Enquires made in writing to: <a href="mailto:info@texturedconceptfoods.com.au">info@texturedconceptfoods.com.au</a> Website: <a href="http://www.texturedconceptfoods.com.au">www.texturedconceptfoods.com.au</a> Contact: Darren Benfell Tel: +61 (03) 9357 6007		
<b>Country of Origin</b>	Textured Concept Foods is manufactured in Melbourne, Australia. Products are made from local and imported ingredients. This is a proudly Australian Owned and Operated Company.		
<b>ID &amp; Traceability</b>	Use by Date (DD/MM/YY) located on the plastic bag. Product Code.		
<b>Barcode Outer</b>	9348501000756		
<b>Barcode Inner</b>	9348501001883		
2. Product Characteristics			
	<p>Fresh ingredients are cooked and processed to the correct consistency. The mixture is moulded to resemble the original and recognizable food. The product is blast frozen to maintain a high quality. The product is packaged in a freezer safe container and vacuum sealed in a resealable bag.</p> <p>The product is handmade, and weights may vary with each item. There are no nuts used in the processing of the product, however there may be cross contamination from other sources (may contain traces of nuts and other allergens). Random allergen risk testing is undertaken. The production kitchen is HACCP Certified.</p>		
<b>Appearance/Smell/Taste/Characteristics</b>	Off white colour, rice has a mild cauliflower taste with coconut infused. IDDSI tested to comply with Minced and Moist Level 5.		
<b>Serve &amp; Product Code</b>	Product Code	Serves per package	Packages per Carton
	75010	5	
	75010C	5	10
<b>Net Weight</b>	440g		
<b>Product Shelf Life</b>	12 months		
<b>Method of Storage</b>	Keep product frozen below -18°C at all times. Ensure Packaging is sealed well to prevent freezer burn. Once thawed, use within 24 to 48 hours. Do not re-freeze once thawed.		

<b>3. Nutritional Information (Calculated with FOODWORKS10)</b>		
<b>Serve size: 80g (1 portion)</b>	<b>Average Quantity per Serving</b>	<b>Average Quantity per 100g</b>
Energy	378kJ (90Cal)	472kJ (113Cal)
Protein	2.9g	3.7g
Fat, Total	4.4g	5.4g
- Saturated	3.5g	4.4g
Carbohydrate	8.8g	11.0g
- Sugars	2.8g	3.6g
Dietary Fibre	0.8g	1.0g
Sodium	43mg	54mg
Potassium	241mg	301mg
Calcium	40.3mg	50.4mg
Phosphorus	73.3mg	91.7mg
Iron	0.5mg	0.6mg
Water	59.0g	73.7g
<b>Ingredients</b>	Cauliflower, Coconut Milk (Water, Coconut Extract 40%, Thickener (E1442), Stabilizers (E466, E407, E410, E412 & E415), Emulsifier (E435), Preservative (E223)), Rice, Dehydrated Potato, Skim Milk Powder, Vegetable Stock, Canola Oil (Soy Lecithin).	
<b>Allergen /May Contain Statement</b>	Contains Milk, Soybeans May Contain Egg	
<b>Country of Origin</b>	Made in Australia from 67% Australian Ingredients	
<b>Additional Nutritional Recommendations</b>	Consider using a fortified sauce, additional fats and dairy products to enhance the nutritional density of the meal or dessert. Garnish appropriately.	
<b>Cultural, Religious &amp; Nutrition Claims</b>	N/a	
<b>4. Instructions for Consumption and Serving Suggestions</b>		
<input checked="" type="checkbox"/> <b>Meat / Vegetable</b>	<b>For Steam Oven:</b> <ol style="list-style-type: none"> <li>Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 3 hours prior to heating.</li> <li>Place the plate on steamer racks and oven on “steam” setting.</li> <li>Heat Product through for 8-10 min or until it the core temp is &gt;75°C.</li> <li>Remove plastic wrap or cover before serving.</li> <li>Serve with gravy/sauce and mashed potato/starch accompaniment.</li> </ol>	
	<b>For Dry Heat e.g. Burlodge:</b> <ol style="list-style-type: none"> <li>Using a spray bottle filled with water, spray the plate with 1-3 sprays of water.</li> <li>Cover the plate with suitable oven proof wrap or a cover. Keep product frozen until heating.</li> <li>Place covered plate in oven or Burlodge tray system.</li> <li>Heat Product through or until it the core temp is &gt;75°C. Each heating system will vary.</li> <li>Remove wrap or cover before serving.</li> <li>Serve with gravy/sauce and mashed potato/starch accompaniment.</li> </ol>	
	<b>For Home Microwave, plated and covered with glad wrap:</b>	



	<ol style="list-style-type: none"> <li>Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 3 hours prior to heating.</li> <li>Place a glass of water in the microwave with the plate.</li> <li>Heat on high for 1 min 30 secs or until the product is heated right through. Each microwave will vary.</li> <li>Remove wrap or cover before serving.</li> </ol> <p>Serve with gravy/sauce and mashed potato/starch accompaniment.</p>		
	<p><b>Main Meal Pre-plated Meal</b></p> <ol style="list-style-type: none"> <li>Heating from thawed meal provides best results. Thaw in the fridge.</li> <li>Place the sealed plate in the vacuum bag into the microwave.</li> <li>Place a cup of water in the microwave with the meal. This provides additional moisture and steam.</li> <li>Heat for 2 ½ minutes on high. (If frozen, 3 ½ minutes)</li> <li>Use oven gloves to carefully remove the plate from the microwave.</li> <li>Remove the plate carefully from the package and add your sauce.</li> </ol>		
	<p><b>Sauce (individual packaged)</b></p> <ol style="list-style-type: none"> <li>Sauce can be heated from frozen.</li> <li>Place a cup of water in the microwave with the sauce. This provides additional moisture and steam.</li> <li>Place sauce package in the microwave and heat on high for 2 ½ minutes.</li> <li>Open sauce package carefully and pour over meal.</li> </ol>		
<input type="checkbox"/> <b>Biscuits / Cakes/ Fruit</b>	<p>Remove from packaging. Place frozen items on the serving plate.</p> <ol style="list-style-type: none"> <li>Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 1-3 hours prior to serving. Biscuits will take a shorter time to thaw compared to the cakes.</li> <li>Garnish with cream, yoghurt, custard, ice cream.</li> </ol>		
<b>5. Microbiological Criteria Random Monthly Testing includes:</b>			
Std Plate Count <1,000,000cfu/g	Coagulase Positive Staphylococci <100cfu/g	Coliforms <100cfu/g	Escherichia Coli <3MPN/g
Clostridium Perfringens (wet) <100cfu/g (Poultry Products Only)	Bacillus cereus <100cfu/g (Starch Products Only)	Listeria Not detected per 25/g	Salmonella Not detected per 25/g
Allergen Risk Testing (random) gluten, egg, fish, peanut, tree nut, sesame, soybean, milk, dairy, shellfish, lupin			