

Issue No:	1		ate:	11/06/2021
Document Approved by:		Lisa Sossen, Accredited Prac	actisin	g Dietitian

1. General Informat	ion				
Product Name	Roast Beef, Mashed Potato, Peas, Carrots and Red Wine Jus				
Texture	□		Moist (Level 5)		
Fluid Consistency	Moderately Thick (Level 3)				
Supplier Information					
	91 Mason Street, Campbellfield, VIC 3061				
	Enquires made in writing to: <a href="mailto:info@texturedconceptfoods.com.au">info@texturedconceptfoods.com.au</a> Website: <a href="mailto:www.texturedconceptfoods.com.au">www.texturedconceptfoods.com.au</a>				
Contact: Darren Benfell					
	Tel: +61 (03) 9357 6007				
Country of Origin	Textured Concept Foods is manufactured in Melbourne, Australia.				
Products are made from local and imported ingredients			gredients.		
	This is a proudly Australian Owned and Operated Company.				
ID & Traceability Use by Date (DD/MM/YY) located on the plastic bag.					
	Product Code.				
Barcode Outer	9348501002361				
Barcode Inner (meal)	9348501002293				
Barcode Inner (Sauce/gravy)	9348501002194				
2. Product Characte					
		resh ingredients are cooked and processed to the correct consistency.			
	The mixture is moulded to resemble the original and recognizable food.				
	The product is blast frozen to maintain a high quality.				
	The product is packaged in a freezer safe container and vacuum sealed				
	in a resealable bag.				
	The product is handmade, and weights may vary with each item.				
	There are no nuts used in the processing of the product, however there				
	may be cross contamir	nation from other source	es (may contain traces of		
	nuts and other allergens). Random allergen risk testing is undertaken.				
	The production kitchen is HACCP Certified.				
Appearance/Smell/	Roast Beef with piped mashed potato, peas and carrots served with red				
Taste/Characteristics	wine jus.				
	IDDSI tested to comply with Pureed Level 4. Gravy complies with				
	Moderately thick Leve		T		
Serve & Product Code	Product Code	Serves per package	Packages per Carton		
	95040	1 meal	45		
	95040C	1 (meal + Sauce)	15		
Net Weight	360g (meal + sauce)				
Product Shelf Life	12 months				
Method of Storage	Keep product frozen below -18°C at all times. Ensure Packaging is				
		sealed well to prevent freezer burn. Once thawed, use within 24 to 48			
	hours. Do not re-freeze once thawed.				
	nous. So not to meete once thawea.				





3. Nutritional Information (Calculated with FOODWORKS10)					
Serve size: 360g (meal +		Average Quantity per Serving	Average Quantity per 100g		
sauce)					
Energy		1660kJ (397Cal)	462kJ (110Cal)		
Protein		28.5g	7.9g		
Fat, Total		17.8g	5.0g		
- Saturated		9.3g	2.6g		
Carbohydrate		26.7g	7.4g		
- Sugars		9.8g	2.7g		
Dietary Fibre		7.5g	2.1g		
Sodium		280mg	78mg		
Potassium		842mg	234mg		
Calcium		165mg	45.8mg		
Phosphorus		300mg	83.2mg		
Iron		3.9mg	1.1mg		
Water		250.0g	69.5g		
Allergen /May Contain Statement  Country of Origin Additional Nutritional Recommendations		Beef, Peas, Carrots, Potato Flakes (Potatoes (99%) (Contains Sulphites), Emulsifier (471), Stabiliser (450), Flavours.), Skim Milk Powder, Butter, Dehydrated Potato, Olive Oil, Onion, Vegetable Stock, Modified Maize Starch (1422), Beef Style Stock, Salt, Garlic, Black Pepper, Canola Oil (Soy Lecithin), Mixed Herbs.  SAUCE: Homemade Beef Stock (Carrot, Celery, Leek, Onion, Beef Bones, Tomato Paste, Canola Oil, Water), Tomato Soup (Concentrated Tomatoes (90%), Sugar, Tapioca Starch, Salt, Mineral Salt (Sodium Bicarbonate), Natural Colour (Paprika Extract), Natural Flavour, Spice, Herb Extract), Red Wine, Butter, Flour (Wheat), Tomato Paste, Cornflour (Wheat).  Contains Cereals Containing Gluten, Contains Gluten, Egg Products, Fish Products, Milk, Soybeans May Contain Peanuts, Tree Nuts, Sesame Seeds  Made in Australia from 92% Australian Ingredients  Consider using a fortified sauce, additional fats and dairy products to enhance the nutritional density of the meal or dessert. Garnish			
Cultural, Religious & N	lutrition	appropriately. N/a			
Claims		, -			
	s for Co	onsumption and Serving Sugg	gestions		
☐ Meat /		am Oven:			
Vegetable	Cover plate with plastic wrap or a cover and thaw product slowly under				
		refrigerated conditions (4°C), This can be done overnight or 3 hours prior			
		to heating.			
	2.	Place the plate on steamer racks and oven on "steam" setting.			
	3.	Heat Product through for 8-10 min or until it the core temp is >75°C.			
		Remove plastic wrap or cover before	_		
	5.	Serve with gravy/sauce and mashed	potato/starch accompaniment.		
	For Dry Heat e.g. Burlodge:				
1. l		Using a spray bottle filled with water, spray the plate with 1-3 sprays of			
		water.			



	2.	•	suitable oven proof wrap	or a cover. Keep product		
		frozen until heating.				
			in oven or Burlodge tray sy			
	4.	-	h or until it the core temp	is >75°C. Each heating		
		system will vary.				
		Remove wrap or cov	_			
	6. Serve with gravy/sauce and mashed potato/starch accompaniment.					
		• •	owave, plated and covered with glad wrap:			
	1. Cover plate with plastic wrap or a cover and thaw product slowly under					
	refrigerated conditions (4°C), This can be done overnight or 3 hours p			overnight or 3 hours prior		
	to heating.					
	2. Place a glass of water in the microwave with the plate.			-		
	3. Heat on high for 1 min 30 secs or until the product is heated right			duct is heated right		
	through. Each microwave will vary.					
	4. Remove wrap or cover before serving.					
	Serve with gravy/sauce and mashed potato/starch accompaniment.					
	Main Meal Pre-plated Meal					
	1. Heating from thawed meal provides best results. Thaw in the fridge.					
	2. Place the sealed plate in the vacuum bag into the microwave.					
	3. Place a cup of water in the microwave with the meal. This provides					
	additional moisture and steam.					
	4. Heat for 2 ½ minutes on high. (If frozen, 3 ½ minutes)					
	5. Use oven gloves to carefully remove the plate from the microwave.					
	6. Remove the plate carefully from the package and add your sauce.					
	Sauce (individual packaged)  1. Sauce ca be heated from frozen.					
	2. Place a cup of water in the microwave with the sauce. This provides					
	_	additional moisture		t hish for 2.1/		
		3. Place sauce package in the microwave and heat on high for 2 ½ minutes.				
Dissuits /			carefully and pour over m			
☐ Biscuits /			ce frozen items on the ser	<u> </u>		
Cakes/ Fruit	1. Cover plate with plastic wrap or a cover and thaw product slowly under					
	refrigerated conditions (4°C), This can be done overnight or 1-3 hours prior to serving. Biscuits will take a shorter time to thaw compared to the					
		cakes.	uits will take a shorter tilli	e to thaw compared to the		
	2.		yoghurt, custard, ice creai	m		
<b>.</b>			, , , , ,	11.		
		a Random Monthly T		T - 1 . 1 . 2 !!		
Std Plate Count		gulase Positive	Coliforms <100cfu/g	Escherichia Coli		
<1,000,000cfu/g	<del></del>	ohylococci <100cfu/g		<3MPN/g		
Clostridium Perfringen		illus cereus	Listeria	Salmonella		
(wet) <100cfu/g		Ocfu/g	Not detected per 25/g	Not detected per 25/g		
(Poultry Products Only) (Starch Products Only)						
Allergen Risk Testing (random) gluten, egg, fish, peanut, tree nut, sesame, soybean, milk, dairy, shellfish,						
lupin						