

| Date: | 13/06/2024 | | |
|-----------------------|------------|--|--|
| Document Approved by: | | Dr Lisa Sossen, Accredited Practising Dietitian, PhD | |

| 1. General Informa | ation | | | |
|----------------------|--|--|--|--|
| Product Name | Chicken Cubes | | | |
| Texture | □ Minced & Moist (Level 5) | | | |
| | ☐ Soft and Bite-sized | | | |
| | (Level 6) | | | |
| Fluid Consistency | Moderately Thick (Level 3) | | | |
| Supplier Information | Textured Concept Foods Pty Ltd | | | |
| | 91 Mason Street, Campbellfield, VIC 3061 Enquires made in writing to: info@texturedconceptfoods.com.au | | | |
| | Website: www.texturedconceptfoods.com.au | | | |
| | Contact: Darren Benfell | | | |
| | Tel: +61 (03) 9357 6007 | | | |
| Country of Origin | Textured Concept Foods is manufactured in Melbourne, Australia. | | | |
| | Products are made from local and imported ingredients. | | | |
| | This is a proudly Australian-owned and Operated Company. | | | |
| ID & Traceability | Use by Date (DD/MM/YY) located on the plastic bag. | | | |
| | Product Code. | | | |
| 2. Product Charact | teristics | | | |
| | Fresh ingredients are cooked and processed to the correct consistency. | | | |
| | The mixture is moulded to resemble the original and recognisable food. | | | |
| | The product is blast frozen to maintain a high quality. | | | |
| ± ** | The product is packaged in a freezer-safe container and vacuum-sealed | | | |
| | in a resealable bag. | | | |
| 2- | This product resembles pureed Chicken. | | | |
| | | | | |
| | The product is handmade, and weights may vary with each item. | | | |
| | Random allergen risk testing is undertaken. Labels are PEAL compliant. | | | |
| | The production kitchen is HACCP Certified. | | | |
| | | | | |
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| | | | | |
| | | | | |
| | | | | |
| | | | | |
| IDDSI | IDDSI tested to meet Pureed Level 4 guidelines at the time of | | | |
| | production. | | | |
| | IDDSI tacting at the point of convice is recommended to ensure the | | | |
| | IDDSI testing at the point of service is recommended to ensure the product meets the IDDSI guideline testing criteria. | | | |
| | IDDSI testing is conducted in-house using the IDDSI audit criteria. A | | | |
| | qualified consultant Speech pathologist audits products annually when | | | |
| | recipe formulations are adjusted, or new products are developed. | | | |



| Barcode / Order code / Product Information | | | | | | |
|---|-----------|----|--|------------|--------------------|----------------------|
| Barcode | IDDSI Lev | el | Product | Order Code | Serves per pack | Serves per Carton |
| 9348501001012 | 4 | | Pureed Chicken Cubes | BC27100C | 15cubes/pk | 12 |
| 9348501002019 | 4 | | Pureed Chicken Cubes | BC27100 | 15cubes/pk | |
| Product Shelf Life 12 r | | | 2 months FROZEN PRODUCT | | | |
| sea | | | Keep product frozen below -18°C at all times. Ensure Packaging is sealed well to prevent freezer burn. Once thawed, use within 24 to 48 nours. Do not re-freeze once thawed. | | | |
| 3. Nutrition and Allergen Information (Calculated with FOODWORKSONLINE) | | | | | | |

| Puree Chicken Cubes | | | | |
|--------------------------|------------------------------|---------------------------|--|--|
| PUREED LEVEL 4 | | | | |
| NUTRITION INFORMATION | | | | |
| Servings per package: 15 | | | | |
| Serving size: 34g (1 cub | e) | | | |
| | Average Quantity per Serving | Average Quantity per 100g | | |
| Energy | 191 kJ (46 Cal) | 562 kJ (134 Cal) | | |
| Protein | 9.7 g | 28.5 g | | |
| Fat, total | LESS THAN 1 g | 2.1 g | | |
| - saturated | LESS THAN 1 g | LESS THAN 1 g | | |
| Carbohydrate | LESS THAN 1 g | LESS THAN 1 g | | |
| - sugars | LESS THAN 1 g | LESS THAN 1 g | | |
| Dietary Fibre | LESS THAN 1 g | LESS THAN 1 g | | |
| Sodium | 55 mg | 162 mg | | |
| Potassium | 122 mg | 359 mg | | |
| Calcium | 4.8 mg | 14.0 mg | | |
| Phosphorus | 95.9 mg | 282.0 mg | | |
| Iron | 0.3 mg | 0.9 mg | | |

Ingredients: Chicken, Juices From Meat.

Net weight: 510 g

| Country of Origin | Made in Australia from Australian ingredients | | |
|---------------------------------|---|--|--|
| Additional Nutritional | Consider using a fortified sauce, additional fats and dairy products to | | |
| Recommendations | enhance the nutritional density of the meal or dessert. Garnish | | |
| | appropriately. | | |
| Cultural, Religious & Nutrition | Textured Concept Foods uses meat that is Halal certified. The | | |
| Claims | production facility cooks all products in the same kitchen. Cleaning to | | |
| | HACCP standards is conducted between each product and within each | | |
| | batch run as required. | | |



| 4 | . Instruction | s for Consumption and Serving Suggestions | | | |
|-------------|---------------|--|--|--|--|
| \boxtimes | Meat / | For Steam Oven: | | | |
| | Vegetable | Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 3 hours prior to heating. Place the plate on steamer racks and oven on "steam" setting. Heat Product through for 8-10 min or until it the core temp is >75°C. | | | |
| | | 4. Remove plastic wrap or cover before serving. | | | |
| | | 5. Serve with gravy/sauce and mashed potato/starch accompaniment. | | | |
| | | For Dry Heat e.g. Burlodge: Using a spray bottle filled with water, spray the plate with 1-3 sprays of water. | | | |
| | | Cover the plate with suitable oven-proof wrap or a cover. Keep product frozen until heating. | | | |
| | | Place the covered plate in the oven or Burlodge tray system. Heat Product through or until it the core temp is >75°C. Each heating system will vary. Remove wrap or cover before serving. | | | |
| | | 6. Serve with gravy/sauce and mashed potato/starch accompaniment. | | | |
| | | For Home Microwave, plated and covered with glad wrap: Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 3 hours prior to heating. Place a glass of water in the microwave with the plate. | | | |
| | | Frace a grass of water in the find owave with the plate. Heat on high for 1 min 30 secs or until the product is heated right through. Each microwave will vary. Remove wrap or cover before serving. Serve with gravy/sauce and mashed potato/starch accompaniment. | | | |
| | | Home user/ Main Meal Pre-plated Meal | | | |
| | | Plate Frozen Products And Cover With Cling Wrap/cover. No need to unwrap pre-plated meal. Defrost Approx. 4 Hours Or In The Fridge Overnight. COMMERCIAL: Preset Oven To Steam For 5 Minutes. Place The Covered Plate In The Oven. Heat Through For 9-11 Minutes. Remove The Plate From The Oven. Carefully Remove Cling Wrap/cover As Steam Can Burn. Add | | | |
| | | Sauce/gravy And Serve. MICROWAVE: Place A Cup Of Water In The Microwave. Heat The Covered Thawed Meal For 1-3 Minutes On High (heating Time Will Vary With Microwaves). Remove The Plate From The Microwave And Remove The Cling Wrap/cover To Avoid Burning. Add Sauce/gravy And Serve. Enjoy! | | | |
| | | Meals on Wheels Container | | | |
| | | Thaw in the fridge (best done overnight). Place the meal in the microwave, covered. Heat for 3 ½ to 4 minutes on high. Alternatively, remove the frozen meal from the package, place it on your plate and cover it with microwave-safe plastic wrap. Heat for 2 ½ minutes on high with a glass of water placed in the microwave to create steam. | | | |



| | 4. | Each microwave is di heated right through | different, so check that the meal is piping hot and gh. | | |
|---|---|--|---|-------------------------|--|
| | 5. | Use oven gloves to remove the container or plate from the microwave. | | | |
| | 6. | | | | |
| | | meal. | , | | |
| | 7. | Note: Heating from a | e best results. | | |
| | Sauce | (individually packaged | (k | | |
| | 1. | Sauce can be heated | from frozen. | | |
| | 2. | Place a cup of water in the microwave with the sauce. This provides | | | |
| | | additional moisture and steam. | | | |
| | 3. | Place the sauce package in the microwave and heat on high for 2 ½ | | | |
| | minutes. | | | | |
| | 4. Open the sauce package carefully and pour over the meal. | | | | |
| ☐ Biscuits / | Remove from packaging. Place frozen items on the serving plate. | | | | |
| Cakes/ Fruit | 1. Cover the plate with plastic wrap or a cover and thaw the product slowly | | | | |
| | under refrigerated conditions (4°C), This can be done overnight or 1-3 | | | done overnight or 1-3 | |
| | hours before serving. Biscuits will take a shorter time to thaw compar | | | r time to thaw compared | |
| | | to the cakes. | | | |
| | 2. | Garnish with cream, | yoghurt, custard, ice crean | n. | |
| 5. Microbiologica | al Criter | ia Random Monthly T | esting includes: | | |
| Std Plate Count | Coa | gulase Positive | Coliforms <100cfu/g | Escherichia Coli | |
| <1,000,000cfu/g | Sta | phylococci <100cfu/g | | <3MPN/g | |
| Clostridium Perfringen | s Bac | illus cereus | Listeria | Salmonella | |
| (wet) <100cfu/g < | | Ocfu/g | Not detected per 25/g | Not detected per 25/g | |
| (Poultry Products Only | (Poultry Products Only) (Starch Products Only) | | | | |
| Allergen Risk Testing (random) Gluten, Crustacean, Egg, Fish, Mollusc, Milk, Peanut, Soy, Tree Nut, | | | | | |
| Amond, Brazil, Cashew, Hazelnut, Macadamia, Sesame, Pecan, Pine Nut, Pistachio, Walnut, Lupin, | | | | | |
| Sulphites, Mustard | | | | | |