



Date:	13/06/2024
Document Approved by:	Dr Lisa Sossen, Accredited Practising Dietitian, PhD

1. General Information	
Product Name	Coconut Chickpea Curry PUREE
Texture	<input checked="" type="checkbox"/> Pureed (Level 4) <input type="checkbox"/> Minced & Moist (Level 5)
	<input type="checkbox"/> Soft and Bite-sized (Level 6)
Fluid Consistency	<input type="checkbox"/> Moderately Thick (Level 3)
Supplier Information	Textured Concept Foods Pty Ltd 91 Mason Street, Campbellfield, VIC 3061 Enquires made in writing to: info@texturedconceptfoods.com.au Website: www.texturedconceptfoods.com.au Contact: Darren Benfell Tel: +61 (03) 9357 6007
Country of Origin	Textured Concept Foods is manufactured in Melbourne, Australia. Products are made from local and imported ingredients. This is a proudly Australian-owned and Operated Company.
ID & Traceability	Use by Date (DD/MM/YY) located on the plastic bag. Product Code.
2. Product Characteristics	
	<p>Fresh ingredients are cooked and processed to the correct consistency. The mixture is moulded to resemble the original and recognisable food. The product is blast frozen to maintain a high quality.</p> <p>The product is packaged in a freezer-safe container and vacuum-sealed in a resealable bag.</p> <p>This product resembles a chickpea curry with a coconut base.</p>
	<p>The product is handmade, and weights may vary with each item. Random allergen risk testing is undertaken. Labels are PEAL compliant.</p> <p>The production kitchen is HACCP Certified.</p>
IDDSI	<p>IDDSI tested to meet Pureed Level 4 guidelines at the time of production.</p> <p>IDDSI testing at the point of service is recommended to ensure the product meets the IDDSI guideline testing criteria. IDDSI testing is conducted in-house using the IDDSI audit criteria. A qualified consultant Speech pathologist audits products annually when recipe formulations are adjusted, or new products are developed.</p>




Barcode / Order code / Product Information					
Barcode	IDDSI Level	Product	Order Code	Serves per pack	Serves per Carton
9348501000305	4	Coconut Chickpea Curry	74010C	4/pk	10
9348501001432	4	Coconut Chickpea Curry	74010	4/pk	
Product Shelf Life		12 months FROZEN PRODUCT			
Method of Storage		Keep product frozen below -18°C at all times. Ensure Packaging is sealed well to prevent freezer burn. Once thawed, use within 24 to 48 hours. Do not re-freeze once thawed.			
3. Nutrition and Allergen Information (Calculated with FOODWORKSONLINE)					

Coconut Chickpea Curry		
Pureed Level 4		
NUTRITION INFORMATION		
Servings per package: 4		
Serving size: 110g (1 Portion)		
	Average Quantity per Serving	Average Quantity per 100g
Energy	485 kJ (116 Cal)	441 kJ (105 Cal)
Protein	5.1 g	4.6 g
Fat, total	5.0 g	4.5 g
- saturated	3.2 g	3.0 g
Carbohydrate	10.9 g	9.9 g
- sugars	LESS THAN 1 g	LESS THAN 1 g
Dietary Fibre	4.2 g	3.8 g
Sodium	99 mg	90 mg
Potassium	147 mg	133 mg
Calcium	35.2 mg	32.0 mg
Phosphorus	67.0 mg	60.9 mg
Iron	1.8 mg	1.6 mg

Ingredients: Chickpeas (50%) (Rehydrated Dried Chick Peas (60%), Water, Salt, Antioxidant: Ascorbic Acid.), Red Lentil, Coconut Cream (15%) (Coconut Extract (65%), Water, Stabiliser (466), Emulsifier (435)), Water, Curry Powder (1.5%).

Net weight: 440 g

Country of Origin	 Made in Australia from at least 34% Australian ingredients
Additional Nutritional Recommendations	Consider using a fortified sauce, additional fats and dairy products to enhance the nutritional density of the meal or dessert. Garnish appropriately.

Cultural, Religious & Nutrition Claims	Textured Concept Foods uses meat that is Halal certified. The production facility cooks all products in the same kitchen. Cleaning to HACCP standards is conducted between each product and within each batch run as required.
4. Instructions for Consumption and Serving Suggestions	
<input checked="" type="checkbox"/> Meat / Vegetable	For Steam Oven: <ol style="list-style-type: none"> 1. Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 3 hours prior to heating. 2. Place the plate on steamer racks and oven on “steam” setting. 3. Heat Product through for 8-10 min or until it the core temp is >75°C. 4. Remove plastic wrap or cover before serving. 5. Serve with gravy/sauce and mashed potato/starch accompaniment.
<input checked="" type="checkbox"/>	For Dry Heat e.g. Burlodge: <ol style="list-style-type: none"> 1. Using a spray bottle filled with water, spray the plate with 1-3 sprays of water. 2. Cover the plate with suitable oven-proof wrap or a cover. Keep product frozen until heating. 3. Place the covered plate in the oven or Burlodge tray system. 4. Heat Product through or until it the core temp is >75°C. Each heating system will vary. 5. Remove wrap or cover before serving. 6. Serve with gravy/sauce and mashed potato/starch accompaniment.
<input checked="" type="checkbox"/>	For Home Microwave, plated and covered with glad wrap: <ol style="list-style-type: none"> 1. Cover plate with plastic wrap or a cover and thaw product slowly under refrigerated conditions (4°C), This can be done overnight or 3 hours prior to heating. 2. Place a glass of water in the microwave with the plate. 3. Heat on high for 1 min 30 secs or until the product is heated right through. Each microwave will vary. 4. Remove wrap or cover before serving. 5. Serve with gravy/sauce and mashed potato/starch accompaniment.
<input type="checkbox"/>	Home user/ Main Meal Pre-plated Meal Plate Frozen Products And Cover With Cling Wrap/cover. No need to unwrap pre-plated meal. Defrost Approx. 4 Hours Or In The Fridge Overnight. COMMERCIAL: Preset Oven To Steam For 5 Minutes. Place The Covered Plate In The Oven. Heat Through For 9-11 Minutes. Remove The Plate From The Oven. Carefully Remove Cling Wrap/cover As Steam Can Burn. Add Sauce/gravy And Serve. MICROWAVE: Place A Cup Of Water In The Microwave. Heat The Covered Thawed Meal For 1-3 Minutes On High (heating Time Will Vary With Microwaves). Remove The Plate From The Microwave And Remove The Cling Wrap/cover To Avoid Burning. Add Sauce/gravy And Serve. Enjoy!
<input type="checkbox"/>	Meals on Wheels Container <ol style="list-style-type: none"> 1. Thaw in the fridge (best done overnight). 2. Place the meal in the microwave, covered. Heat for 3 ½ to 4 minutes on high.

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